



# Gerald and Glynis Albright



## Develop a Recipe of Love, Career and Family

Multi-talented musician and producer, Gerald Albright and his businesswoman wife, Glynis can personally testify to the fact that life's most difficult trials are inevitably rewarded with equally profound joys, with the help of a steadfast love, close family, unwavering faith, and dear friends.

The couple's history exemplifies an unfailing commitment and devotion that began when they met one another while junior high school students in South Central Los Angeles. They were both only 13 at the time. They married a decade later and had two children, Selina and Brandon.

Gerald's career as an R&B/jazz saxophonist flourished, while Glynis' interior design business was very successful. All of this was shattered just years ago, when Glynis was diagnosed with a rare form of cancer, which the doctors warned of a possible bone marrow transplant.

Deciding to explore the holistic approach, Glynis' doctors assisted her in focusing her mental energy on her belief system, family, and revamping the way she would eat each day. She was educated about the importance of nutrition and healing. She spoke with her family about creating a gourmet food line loaded with the nutrients needed to combat health challenges, but at the same time, taste good.

Glynis would bring samples of her creations to her doctors' appointments, and word started to spread amongst the other patients and throughout their neighborhood. With Gerald's financial support, the long hours of help from their children, and Glynis' wit and baking talents, they started an official family business, Just Sweet Enough.

Glynis' enthusiasm in the holistic field pushed her to go back to school. The business has since then evolved into a place that anyone with any health challenge could turn to for service. Gerald has experienced firsthand, how his music has the same healing power. The couple uses their anointed talents to continuously help people all over the world.

Gerald is currently working on his 13th CD, while Glynis continues to run the Internet/mail order-based Just Sweet Enough, company in Castle Rock, Colorado. Their daughter, Selina is also a college-graduate/businessowner, and their son, Brandon is a freshman at a Denver-based university.

From jazz to cookies, from funky riffs to finger-licking food, from music that soothes the soul to dancing and laughter that makes you feel good, the Albrights are Just Sweet Enough.



## JustSweetEnough.com

Direct Order Line: 818.377.2744

Just Sweet Enough®  
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